

# HIV prevention and men who have sex with men: a cycle of challenges

**Evidence from EHPSA**



## Low uptake of HIV prevention

- Low HIV testing
- Inconsistent condom use
- Low awareness and uptake of PrEP



## Clinics not MSM-friendly

- Atmosphere of homophobic stigma and discrimination
- Health worker attitudes hostile
- Lack of MSM-appropriate clinical skills

**High levels  
of HIV and STIs**



## Mental health challenges

- High levels of :
- Stress from MSM stigma
  - Alcohol and substance abuse
  - Depression



**This cycle of challenges was a common finding for all the studies in the EHPSA MSM portfolio.**  
Studies included: *Together Tomorrow* (KwaZuluNatal, South Africa and Namibia); *TRANSFORM* (Gauteng, South Africa and Nairobi, Kenya); *Anza Mapema* (Kisumu, Kenya), *Critical review of MSM services in eastern and southern Africa*.  
Read more about these studies at <http://www.ehpsa.org/research/msm>