



***TOGETHER WE CAN BREAK THE ICE***

# Linking Social and Biomedical support for MSM

A presentation by  
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Icebreakers Uganda

# About Icebreakers Uganda

- Icebreakers Uganda is a support Organization formed in 2004 that caters for Lesbian, Gay, Bisexual and Transgender (LGBT).
- Our vision is a Uganda of total justice devoid of discrimination based on sexual orientation and free of HIV/AIDS and its disastrous effects

# Our Core Areas

- Empowering the Sexual Minority with moral support and courage through creating safe –space and holding thematic support events.
- Educating LGBT people in Uganda on risky sexual behaviors by organizing, arranging and conducting holistic related group talks.
- Educating LGBT people in Uganda on their Human rights through seminars, workshops, advocacy drives and retreats.
- Conducting affirmative-advocacy for observance of human rights thus reduce discrimination and denial in dealing with those affected with HIV/AIDS.
- Research aspects of LGBT rights as they relate to and impact on health and life in full.
- Network and collaborate with other organizations for comprehensive services.
- Disseminate information to end ignorance of LGBT aspects in society through discourse, dialoguing, volunteer community work and talk shows.

# What makes our work challenging?

- The legal context
- Religious views
- Patriarchy
- “Hard to reach community”
- Media challenges
- Personal security

# What are we doing?

- Community gatherings
- Resource centre
- Clinic
- Outreach
- Art
- Social media
- Peer to peer (cells)
- Referrals

# Our reach

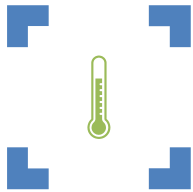
- 14 districts in the country
- Our clinic reaches over 70 MSM per week
- Over 100,000 condoms and lubricants distributed annually
- Over 5000 MSM reached with 2 or more medical services annually
- Sensitizing over 300 stakeholders annually

# HIV related services for MSM



## Treatment

MSM enrolled for ART and treated for opportunistic infection.



## STI management

MSM undergoing STI screening and treatment.



## Health education

MSM given health talks and distributed IEC on HIV and SRHR.



## Condoms and lubricants

Condoms and lubricants distributed



## Referrals

MSM are referred and received additional services.



## Counselling

MSM received individual or small group counselling.



# Moving Forward

- ❖ Expansion (rural and urban)
- ❖ Up take (service package)
- ❖ Training health workers
- ❖ Guidelines
- ❖ Follow up (volunteers)
- ❖ Helpline and SMS

Mwebale Nyo

